

La Petite Ecole Française

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LA PETITE ECOLE FRANCAISE LUNCH - VEGETARIAN

WEEK 1

MONDAY baked penne pasta butternut squash with cheese served with peas

TUESDAY sweet potato, chick pea curry served with basmati rice

THURSDAY vegetarian lasagne served with mixed vegetables

FRIDAY baked mushroom, spinach and garlic served with new potato and peas on side

WEEK 2

MONDAY cauliflower, carrot in and rich tomato sauce with pasta with side of steamed vegetables

TUESDAY vegetarian sausage served with creamy mashed potato, onion gravy and mixed steamed vegetables

THURSDAY jacket potato served with baked beans or grated cheese

FRIDAY ratatouille served with rice and peas

WEEK 3

MONDAY lentil pie served with steamed vegetables

TUESDAY roasted butternut squash served with creamy mashed potato and boiled broccoli

THURSDAY vegetarian mild curry served with basmati rice and side of boiled peas

FRIDAY leek and mushroom, penne pasta bake with side of steamed vegetables